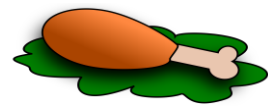




St John's Lunch Menu 13 –July – Sept 17



10 th July	11 th July	12 th July	13 th July	14 th July
Cheese & Salad wraps with potato wedges ∞ Vanilla cupcakes & fruit	Mild Chilli Con Carne (Baked Beans), Rice (veg option Quorn) ∞ Lemon sponge	Roast Chicken, Roast Potatoes, Cabbage, Carrots, Gravy (veg option Quorn) ∞ Yoghurt & Fruit	Chicken curry Rice Naan bread ∞ Butterfly cake & fruit	Fish Fingers, Chips & Peas ∞ Jelly & Ice Cream
17 th July	18 th July	19 th July	20 th July	21 st July
Stuffed Cheese Jacket Potato, Salad & Beans ∞ Cornflake Cake & Orange Slice	Spaghetti Bolognaise Crusty roll Cheese (veg option Quorn) ∞ Fresh fruit salad	Roast Pork, Roast Potatoes, Cabbage, Carrots, Apple Sauce & Gravy (veg option Quorn) ∞ Cheese, Biscuits & apple slice	Ham, new potatoes, peas and sweetcorn ∞ Fruit sponge and custard	Fish cakes, Chips & Spaghetti Hoops ∞ Yoghurt & Fresh Fruit
4 th Sep	5 th Sep	6 th Sep	7 th Sep	8 th Sep
Tomato Pasta Bake, Cheese, Salad ∞ Fruity flapjack	Ham salad wraps and potato wedges ∞ Shortbread & fresh fruit	Roast Chicken, Roast Potatoes, Cabbage, Carrots, Gravy (veg option Quorn) ∞ Cheese, Biscuits & apple slice	Chicken Goujons, Mashed Potato, Peas (veg option Fish Fingers) ∞ Marble sponge & custard	Fish Fingers, Chips & Beans ∞ Jelly & Ice Cream

Subject to availability. Fresh fruit is available as an alternative to dessert. Bread is available every day (except Roast day).



Please **TICK** the days your child requires a school meal.

Please note all menus must be returned to the office with payment by **Thursday 29th June 2017 AT THE LATEST.**

Cost of a school meal is **£2.30** or FREE if your child is in EYFS, YRS 1 & 2. Any absences will be credited to the next menu if you pay for school meals.

CHEQUES SHOULD BE MADE PAYABLE TO "WC ST JOHNS CE SCHOOL".

10.07.17	11.07.07	12.07.17	13.07.17	14.07.17	17.07.17	18.07.17	19.07.17	20.07.17	21.07.17
04.09.17	05.09.17	06.09.17	07.09.17	08.09.17					

Child's Name..... Class

Paid UIFSM/FSM